

**Field of study:****Psychology****Subject: Psychology of disabilities**

Level of study: graduate studies

System of study: Full-time

Profile of studies: general academic

Subject: Psychology of disabilities

**Form of classes and the ECTS points**

	Number of hours	ECTS points	Credit
conversation class	30		credit with mark
Total	30	5	

**Aims of teaching**

The main aim of classes is to help students in understanding disability from a psychological point of view, in understanding people with disabilities and their parents, to learn the knowledge about listening to the disempowered and help them through rehabilitation and psychotherapy including that using positive psychology.

## List of topics:

1. Understanding disability (2 april)
2. The portrayal of disability in the psychological literature (16 april)
3. The challenges facing the parents of disabled children (23 april)
4. Towards an empowering vision of disability (30 april)
5. Listening to the disempowered (14 may)
6. Why psychology is important in rehabilitation (21 may)
7. Coping and cognitive behavioural models in physical and psychological rehabilitation (28 may and 4 june)
8. Positive psychology and disabilities (18 june)
9. Written test evaluation (25 june)

## Intended learning outcomes

KNOWLEDGE		
SYMBOL	DESCRIPTION	REFERENCE TO THE PROFILE OUTCOME
P_W1	Knowledge about disabilities, problems of disempowered individuals and methods of rehabilitation and psychotherapy.	Ps_WG12_Mgr
SKILLS		
SYMBOL	DESCRIPTION	REFERENCE TO THE PROFILE OUTCOME
P_U1	Understanding disability and getting skills to listen to and help disempowered people and their families.	Ps_UW02_Mgr
SOCIAL COMPETENCES		
SYMBOL	DESCRIPTION	REFERENCE TO THE PROFILE OUTCOME
P_K1	Abilities that are useful in communication with disabled people, their parients, doktors and psychologists.	Ps_KO02_Mgr

## Course content

NUMBER	DESCRIPTION	FORM OF CLASSES	NUMBER OF HOURS
1	Knowledge about disabilities, problems of disempowered individuals and methods of rehabilitation and psychotherapy.	conversation class	15 / 15
2	Understanding disability and getting skills to listen to and help disempowered people and their families.	conversation class	8 / 8
3	Abilities that are useful in communication with disabled people, their parients, doktors and psychologists.	conversation class	7 / 7

## Conditions of completion

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### CONVERSATION CLASS

TYPE OF CREDIT	CREDIT INFLUENCE (IN %)
Exam (for the lecturers only)	50
Class work	50

## Teaching methods

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- discussion in the class
- individual activity
- multimedia presentations

## Reading (compulsory)

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- Supple S. . Getting our house in order 2005
- Woolfson L. . Disability and the parenting paradox 2005
- Oâ€™Brien M. . Positive Psychology: Supporting individuals with disabilities in higher education and in the workplace 2020
- WHO. World report on disability 2011
- Kennedy P. (ed.). . Psychological management of physical disability A practitioner’s guide (14-48). 2007
- Gorfin, L., McGlaughlin A. . Listening to the disempowered 2005
- Lawthom, R., Goodley, D.. Community psychology. Towards an empowering vision of disability. 2005

## Reading (additional)

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- Lack of literature

## Odniesienie efektów przedmiotowych do efektów kierunkowych, treści kształcenia, metod weryfikacji

SYMBOL	REFERENCE OF A GIVEN OUTCOME TO THE PROFILE OUTCOME	REFERENCE OF A GIVEN OUTCOME TO THE COURSE CONTENT	REFERENCE OF A GIVEN OUTCOME TO THE VERIFICATION METHODS
<b>KNOWLEDGE</b>			
P_W1	Ps_WG12_Mgr	1	
SYMBOL	REFERENCE OF A GIVEN OUTCOME TO THE PROFILE OUTCOME	REFERENCE OF A GIVEN OUTCOME TO THE COURSE CONTENT	REFERENCE OF A GIVEN OUTCOME TO THE VERIFICATION METHODS
<b>SKILLS</b>			
P_U1	Ps_UW02_Mgr	2	
SYMBOL	REFERENCE OF A GIVEN OUTCOME TO THE PROFILE OUTCOME	REFERENCE OF A GIVEN OUTCOME TO THE COURSE CONTENT	REFERENCE OF A GIVEN OUTCOME TO THE VERIFICATION METHODS
<b>SOCIAL COMPETENCES</b>			
P_K1	Ps_KO02_Mgr	3	